Diagnostic card

Body Composition Analysis	Results	Average
	Body mass:	
	BMI:	18.5-25
	Fat tissue:	**F:** 21-34% **M:** 8-22%
	Total body water:	**F:** 45-60% **M:** 50-65%
	Muscle mass:	
	Body type:	
	Bone mass:	**F:** 1.95-2.95 **M:** 2.66-3.69
	BMR:	
	Metabolic age:	
	Visceral fat:	1-12

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